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Adolescents' Sexual Training in the Sexual Health Training and Consultancy Center (SHTCC)

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The sufficient training on reproductive and sexual health is not provided by their families or in the school to the young people in Turkey. As a result, the young people face with HIV/AIDS, STDs and adolescent pregnancy and abortion in their most fruitful ages. To provide information on reproductive and sexual health to the adolescences, who attend to the 7th and 8th grades of the primary school and to have an idea on their knowledge level about the pre post test applications and to increase the participations of the young people in the training. This study has been executed among 671 adolescences between 13 14 ages in 4 primary schools in Ankara. Informative study on the reproductive and sexual health was executed during two lecture hours. The visual training materials were used during the training and the questions on the papers, which were obtained from the students without name, were answered. During the training, the pre and post test with

7 questions was applied. The preliminary objective of the applied tests is to increase the efficiency of the training and to facilitate the learning of students, and it was observed that it was very efficient. The training was provided by the members of SHTCC Youth Group. The information on the reproductive organs of the males and females, puberty and sexual development, HIV/AIDS and safe sex were given. The questionnaires were assessed with SPSS 10.0, and the frequencies, mean, mode and crosstabs were taken. The meaningful difference was found between the results of the pre and post test. The significant increasing at the knowledge level was observed. The girl students gave the more true answers than the male students for the question, What is the most significant adolescence characteristic of the males?. It was observed that the male students gave more correct answers than the girl students for the question, What is the reproductive organ of women?. The adolescences would like to learn all details about sex and HIV/AIDS and were interested in their reproductive systems. The unsatisfied needs of the adolescences may endanger their life in the future. The adolescences have more capacity than the adults to understand the importance of HIV/AIDS and STDs for the human being. Considering the obtained results, it is observed that there is a big difference in the students, who are trained at their knowledge. Therefore, the sexual education, which are carried out early ages, will both provide that the adolescences have a healthy adolescence period and prevent the problems, resulting from the wrong information. The adolescences prefer to receive the sexual training from their peers. The sexual health studies, to be carried out for the adolescences, should be special and programmed very well. This study may be assessed as an informative study, rather than training.